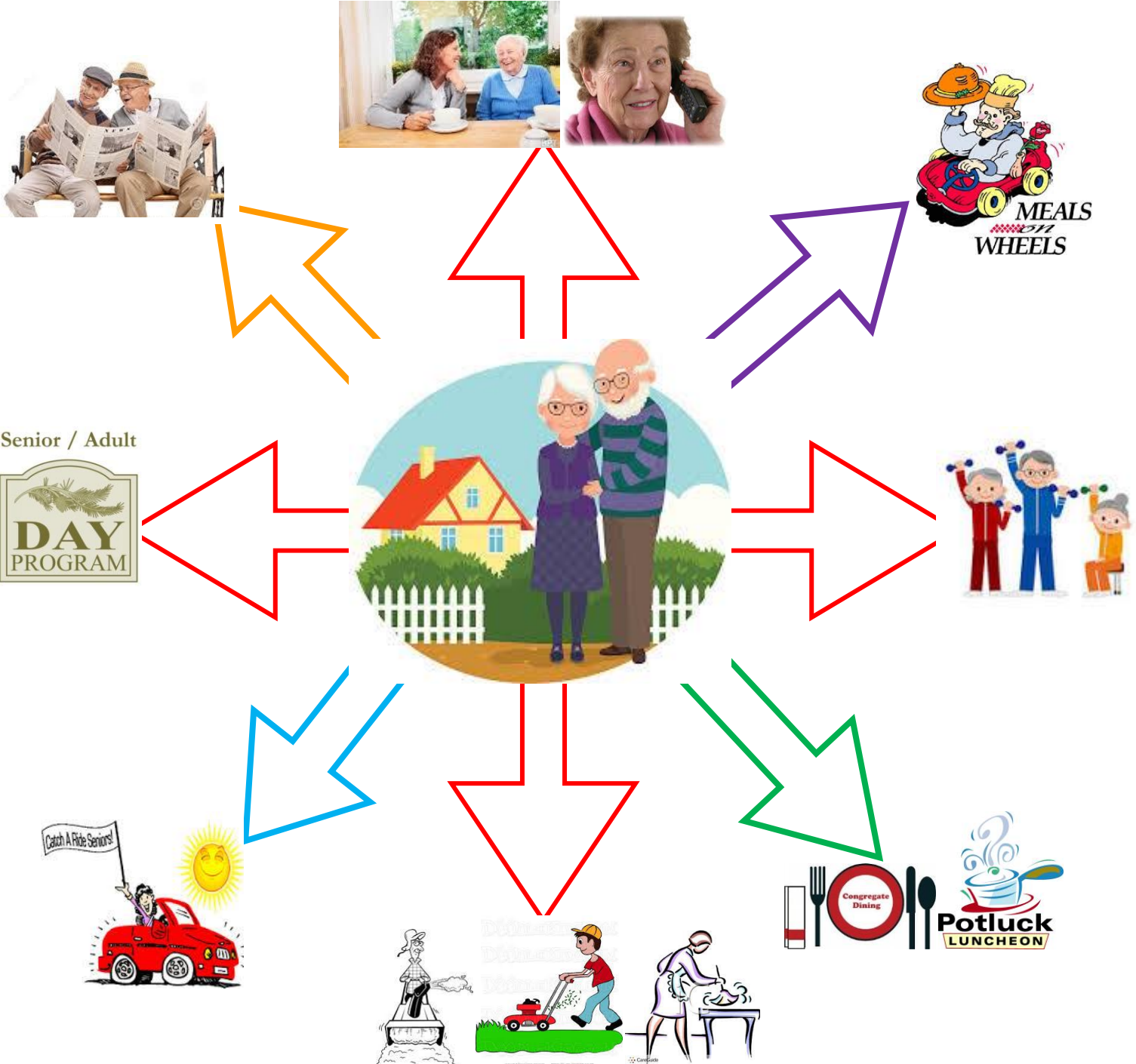


Are you a senior 65+, disabled, or a caregiver?  
Live between Echo Bay and Centreline Rd, or on St. Joseph Island?  
Trying to stay in your own home?

**We have a variety of programs to help you!**



***VOLUNTEER TODAY!***

***The Dr. H.S Trefry Memorial Centre – 1209 Catherine St. Richards Landing, ON, P0R 1J0***

***E-mail: [dr.trefrycentre@one-mail.on.ca](mailto:dr.trefrycentre@one-mail.on.ca)***

***Tel: (705) 246-0036***

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